

Utilizing pioneer species as a hydrological nurse crop to lower water table for reforestation of poorly drained boreal sites

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Abstract – On cold and wet sites in the boreal forest, high water table and anaerobic soil conditions limit the establishment of planted white spruce. In a controlled-environment experiment we determined physiological and morphological responses of a grass *Calamagrostis canadensis* and two shrubs *Salix planifolia* and *Alnus crispa* to water table and soil temperature and evaluated their capacity to lower the water table on wet sites. All three species tended to grow better at the warmer soil temperatures and imperfectly drained treatments but *C. canadensis* actually developed the greatest leaf area in the near saturated conditions. Similarly, *C. canadensis* and *A. crispa* had greatest transpiration rates in the imperfectly drained and warm soil treatments. In contrast, *S. planifolia* had the greatest transpiration at 5 °C soils. We suggest that *C. canadensis* is suitable as a hydrological nurse species on these wet sites, but in light of its competitive nature, the shrubs particularly *S. planifolia* would be preferable.

competition / flooding / regeneration / soil temperature / water-use

Résumé – Utilisation d'espèces pionnières susceptibles de jouer un rôle hydrologique en abaissant le niveau du plan d'eau pour faciliter le boisement de stations boréales mal drainées. Dans les stations froides et humides de la forêt boréale, le haut niveau du plan d'eau et les conditions d'anaérobiose du sol sont défavorables au reboisement en épicéa blanc. Une expérimentation en milieu contrôlé a permis de déterminer les réponses physiologiques et morphologiques d'une espèce herbacée *Calamagrostis canadensis* et de deux arbustes, *Salix planifolia* et *Alnus crispa*, au niveau du plan d'eau et à la température du sol, et d'évaluer leur capacité à abaisser le niveau du plan d'eau sur stations humides. Les trois espèces tendent à mieux se développer avec les traitements où la température du sol est plus élevée avec drainage médiocre ; mais *C. canadensis* présente un développement de surface foliaire nettement plus grand dans des conditions de sol proches de la saturation. De même, pour *C. canadensis* et *A. crispa* on enregistre les taux de transpiration les plus élevés pour les traitements sol chaud et drainage médiocre. Par contre, *S. planifolia* manifeste un maximum de transpiration avec une température du sol de 5 °C. Nous suggérons que *C. canadensis* peut jouer le rôle d'espèce nurse hydrologique sur ces stations humides ; mais compte tenu des problèmes de concurrence, on devrait préférer les arbustes, et en particulier *S. planifolia*.

concurrence / inondation / régénération / température du sol / utilisation de l'eau

1. INTRODUCTION

One of the most difficult stand and site types to regenerate in the western boreal forest of North America are white spruce (*Picea glauca* (Moench) Voss) stands on subhygric to hygric sites [12, 41]. There are three major reasons for the difficulty in regenerating these sites.

Firstly, after harvesting, most of the transpiring leaf area is removed, the ground water tables rise and soil becomes waterlogged [9, 19, 21]. The high water table results in poor aeration of the rooting zones for the establishing trees [26]. Since none of the northern conifer species have particularly strong mechanisms to withstand anaerobic conditions [6], flooding usually

results in slow growth rates or mortality of establishing spruce trees [42].

Secondly as a result of the cold climate and high soil moisture content, there is build-up of insulating organic matter on the soil surface which slows time of spring thaw and depresses soil temperatures during the summer [3, 20]. Cold soils are noted to depress shoot and leaf growth [31, 35], water uptake and root growth [15–18, 25, 59] and photosynthesis [7, 14, 16, 48, 54, 55, 59] in many boreal tree species.

Thirdly, in the first few years after logging these sites are quickly invaded by competing vegetation such as marsh reed grass (*Calamagrostis canadensis* (Michx.) Beauv.), and slightly later, tall shrubs (*Alnus* spp. and *Salix* spp.) dominate

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[5, 24, 32, 44]. All of these species may be strong competitors for light and nutrients with *P. glauca* [5, 24]. However, *C. canadensis* can be viewed as a more serious “competitor” than the shrubs for newly planted conifer seedlings. The persistent litter formed by this grass can also kill small trees by snow press and insulates the soil and prevents soil warming in spring, and can shade conifer seedlings all year long [8, 13, 21, 44]. In contrast, deciduous shrubs during their leaf-off period in the spring and fall, will allow for periods of strong photosynthesis in juvenile spruce [45]. Thus tall shrubs are likely much more benign competitors than the grass. In addition, the taller shrubs might also aid in the suppression of *C. canadensis* by reducing the light levels sufficiently to create unfavorable conditions for its growth [43, 60].

Current vegetation management practices on these productive sites attempt to eliminate all competitors. This, however, may actually cause a more serious problem for the regenerating *P. glauca* seedlings as the removal of these pioneers would tend to increase the amount of or prolong the period of soil waterlogging. Objectives of this study were to test the transpiration and water use of *C. canadensis*, *Alnus crispa* (Ait.) Pursh, and *Salix planifolia* Pursh under nearly saturated and partially drained soils. We also tested their ability to grow and transpire water under warm and cold soil conditions. Considerable research has explored the effects of soil temperature (e.g. [16, 25, 33, 35, 54]) or flooding stress (e.g. [22, 27, 28, 56]) on plant physiology and growth in a wide variety of species but the combined effect of these two factors has received little attention [4, 42]. This knowledge will allow us to rank these species according to their ability to grow under wet and cold conditions and assess their potential as a hydrological nurse species to reduce the high water table of these subhygric to hygric boreal forest sites. Nurse crops are known to have beneficial effects by providing shelter and improving nutrient supply for crop tree species [36, 37, 53]; however there is little information on the benefit of nurse species for lowering high water tables.

2. MATERIALS AND METHODS

2.1. Plant material and growth conditions

Seedlings used in this study were grown from seeds which were collected locally on subhygric to hygric sites in north-central Alberta, Canada. Seedlings of the grass *Calamagrostis canadensis* and the common shrub species *Alnus crispa* and *Salix planifolia* were established and grown in containers (styro blocks 6 cm in diameter and 15 cm deep) for one growing season. The growth chamber conditions were 20 hours light and 4 hours dark cycle, an air temperature (day/night) 18 °C / 16 °C, 60% relative humidity, and 400 $\mu\text{mol m}^{-2} \text{s}^{-1}$ photosynthetically active radiation (PAR) at the seedling level. After three months of growth, seedlings were hardened by reducing air temperature and light, watering, and nutrition levels. After one month seedlings were transferred to a walk-in cooler and chilled at 0 °C for one more month. This technique has been successfully used to complete bud development and allow seedlings to reflush [33]. *Alnus crispa* seedlings used for the experiment were on average 8.8 cm tall and had a root collar diameter of 2.5 mm, *S. planifolia* seedlings were 12.5 cm tall and had a calliper of 2.5 mm, and *C. canadensis* had initial dry weights of 3.5 g of above ground and 1.3 g below ground biomass.

Forty-two dormant seedlings of each of the three species were selected and subjected to three soil temperatures (5, 10 and 20 °C) and two water tables (12 and 25 cm from the soil surface) ($n = 7$). Growing containers consisted of two PVC pipes, sealed at one end, which were connected at the bottom with a hose (1 cm diameter) allowing movement of water between pipes. One pipe (33 cm long 15.2 cm diameter) held the seedlings and the planting medium (sand-peat 3:1 v/v) while the second pipe (33 cm long and 5.1 cm diameter) served as a water reservoir to maintain constant water levels.

The water reservoir was sealed at the top with a rubber stopper with a small plastic tube through the centre of the stopper. When tightly sealed, the bottom of the tube in the reservoir pipe established the constant water level in the plant pipe which maintained the water level regardless of daily water use by the seedling. The reservoir was periodically refilled to a marked level by tightly clamping the hose connection between the two pipes before removing the stopper/tube assembly. Filling the reservoir to the marker allowed for the determination of evapotranspiration rates at the pot level. After refilling the reservoir, the rubber stopper was put back into place and the hose connection was unclamped. To estimate evaporation rates from the soil surface during the experimental period, pots without plants (control) were included.

To control soil temperature, the pots were submerged into water baths (5, 10 and 20 °C) consisting of watertight boxes (90 × 90 × 46 cm) similar to the design used by Landhäusser and Lieffers [31]. The plants were fertilised once a week with 2 g L⁻¹ of a commercial fertilizer (20-20-20 N-P-K with chelated micronutrients). Growth chamber conditions were the same as described above. During the growing period, the pots were moved to different locations within the chamber to compensate for possible spatial differences in growth chamber conditions.

After six weeks, water-use on a whole pot basis was determined in the pots containing plants and in the control pots over a period of ten days, by regularly refilling the reservoir pipe with water to a constant mark with a graduated syringe. Water-use of the whole seedling was determined by subtracting the water loss in the control pots from the water loss of the pots containing plants.

After water-use was determined over the ten day period, the experiment was terminated and physiological and growth variables were measured on all seedlings ($n = 7$ for each treatment combination). Gas exchange was measured on fully expanded leaves of the actively growing seedlings and with an open-system infrared gas analyser (IRGA, CIRAS I, PP Systems, Haverhill, Mass.) over two days between hour 5 and 13 of the light cycle. In the cuvette, light was maintained at 1000 $\mu\text{mol m}^{-2} \text{s}^{-1}$ (PAR), leaf temperature at 20 °C, and relative humidity at 35%. Projected leaf area was used to calculate the physiological variables. Total projected leaf area of the two shrub species was measured with a leaf area meter (LI-3100, Li-Cor Ltd. Lincoln, NE, USA), while total projected leaf area of *C. canadensis* was estimated using a relationship between leaf dry mass and projected leaf area of subsamples measured with a computer scanner and imaging software (Sigma Scan 3.0, Jandel Scientific, San Rafael, CA, USA).

Soil oxygen diffusion rates (ODR) were measured at 3- 8- and 15-cm depths in all pots from the ground surface using the platinum microelectrode method [40]. Polarograms (amperage-voltage curves) were generated for each electrode in control pots to determine the appropriate voltage for ODR measurements [46]. The voltage was applied in 0.1V increments from 0.1 to 0.9 V. and a clear plateau in the polarograms was observed between 0.4 and 0.7 V. A constant applied voltage of 0.55 V was selected for ODR measurements and the current was read after 3 min and ODR (mass O₂ L⁻²T⁻¹) was calculated from measured current (mA) and platinum electrode surface area after Letey and Stolzy [40].

After the physiological measurements were taken, leader length, root collar diameter, and dry mass of roots, old and new shoots and leaves were measured for all seedlings. Leaf weight ratios (LWR $\text{g}_{\text{leaf}} \text{g}^{-1}_{\text{plant}}$) were calculated.

All response variables were analyzed as a randomized 3×2 factorial design with 3 soil temperatures (5, 10, and 20 °C) and 2 water tables (12 and 25 cm) and as fixed main effects. To test for treatment effects, analysis of variance procedures and least significant difference multiple comparisons were performed with general linear models. Only qualitative comparisons of response strategies to soil temperature and flooding were made among the three species. All response variables met the assumption of normal distribution and homogeneity of variances. To test for treatment effects, analysis of variance procedures and least significant difference multiple comparisons were performed with general linear models available in SAS 6.11 (SAS Institute Inc., Cary, NC). The significance levels were set at $\alpha = 0.05$.

3. RESULTS

3.1. Oxygen diffusion rates (ODR) and soil evaporation rates

Mean (three depths) oxygen diffusion rates (ODR) at the low water tables (imperfectly drained) were $14.2 \times 10^{-8} \text{ g O}_2 \text{ cm}^{-2} \text{ min}^{-1}$ compared to $3.0 \times 10^{-8} \text{ g O}_2 \text{ cm}^{-2} \text{ min}^{-1}$ at the high water table (nearly flooded) ($p < 0.001$). Overall, soil temperature did not have a significant effect on ODR ($p = 0.681$). *Calamagrostis canadensis* tended to have much lower ODR values in the pots than the other two species; this was especially evident at greater depth. At a depth of 15 cm, ODR in *C. canadensis* was $0.06 \times 10^{-8} \text{ g O}_2 \text{ cm}^{-2} \text{ min}^{-1}$ compared with 0.37 and $0.48 \times 10^{-8} \text{ g O}_2 \text{ cm}^{-2} \text{ min}^{-1}$ for *A. crispa* and *S. planifolia*, respectively. Evaporation rates from the soil surface of the control pots increased with increasing soil temperatures ($p < 0.001$). Depth to water table influenced evaporation only at a soil temperature of 20 °C where evaporation rates were 11.2 mL d^{-1} at the high water tables compared with 7.4 mL d^{-1} at the low water table; this resulted in a significant soil temperature \times water table interaction ($p = 0.005$). Over both water tables, an average of $1.3 (\pm 0.8 \text{ SD})$, $2.8 (\pm 1.5 \text{ SD})$, and $9.3 (\pm 2.3 \text{ SD}) \text{ mL}$ of water evaporated per day at soil temperatures of 5, 10, and 20 °C, respectively.

3.2. Physiological variables and water-use

In all three species, the high water table (12 cm from soil surface) resulted in overall low transpiration rates measured at the leaf level (*E*, IRGA measurements); however, only *S. planifolia* showed a significant increase in *E* when the water table was lowered to a depth of 25 cm ($p = 0.033$) (Fig. 1). Higher soil temperatures resulted in higher transpiration rates (*E*) in *C. canadensis*, where *E* increased by 65% from $0.82 \text{ mmol m}^{-2} \text{ s}^{-1}$ at a soil temperature of 5 °C, to $1.36 \text{ mmol m}^{-2} \text{ s}^{-1}$ at 10 °C ($p = 0.005$). This is in contrast to *S. planifolia* where the higher soil temperatures resulted in a reduction of *E* from $2.26 \text{ mmol m}^{-2} \text{ s}^{-1}$ at 5 °C to $1.48 \text{ mmol m}^{-2} \text{ s}^{-1}$ at 10 and 20 °C ($p = 0.005$). Soil temperature did not affect *E* in *A. crispa* ($p = 0.408$) (Fig. 1).

Across all treatments, water-use measured at the pot level and adjusted for leaf area was highest in *S. planifolia* ($0.49 \text{ mL cm}^{-2} \text{ day}^{-1}$) followed by *C. canadensis* and *A. crispa* with 0.39 and $0.33 \text{ mL cm}^{-2} \text{ day}^{-1}$, respectively (Fig. 1). Water-use in *S. planifolia* was highest at soil temperatures of 5 and 10 °C ($p = 0.043$) and the low water table treatment ($p = 0.015$). However plant water-use in *S. planifolia* was not affected by a change in water table when grown at soil temperatures of 5 and 10 °C ($0.053 \text{ mL cm}^{-2} \text{ day}^{-1}$) but at a soil temperature of 20 °C where water-use was lower ($0.029 \text{ mL cm}^{-2} \text{ day}^{-1}$) at the high water table compared with the low water table ($0.055 \text{ mL cm}^{-2} \text{ day}^{-1}$) which resulted in a significant soil temperature \times water table interaction ($p = 0.007$). Water-use in *C. canadensis* was $0.045 \text{ mL cm}^{-2} \text{ day}^{-1}$ at the low water table compared with $0.035 \text{ mL cm}^{-2} \text{ day}^{-1}$ at the high water table ($p = 0.003$). Increasing soil temperature from 5 °C to 10 °C resulted in an 41% increase of water-use measured at the pot level, where it increased from 0.029 to $0.041 \text{ mL cm}^{-2} \text{ day}^{-1}$ ($p < 0.001$). There was no further increase in water-use at 20 °C ($p > 0.05$). Similarly, water-use in *A. crispa* was lower at 5 °C soil temperature with $0.030 \text{ mL cm}^{-2} \text{ day}^{-1}$ compared with 0.037 and $0.039 \text{ mL cm}^{-2} \text{ day}^{-1}$ at 10 and 20 °C, respectively ($p = 0.047$). Water-use in *A. crispa* tended to be lower at the high water table compared to the low water table ($p = 0.058$). Differences in treatment means in *A. crispa* were somewhat weaker likely due to the larger variation among measurements (Fig. 1).

Similarly to water-use, overall net assimilation rates (*NA*) were the highest in *S. planifolia* with $7.6 \mu\text{mol m}^{-2} \text{ s}^{-1}$ followed by *C. canadensis* and *A. crispa* with 5.8 and $5.3 \mu\text{mol m}^{-2} \text{ s}^{-1}$, respectively (Fig. 1). Net assimilation in *S. planifolia* was not affected by soil temperature ($p = 0.093$); however, *NA* was significantly lower at the high water table at soil temperatures of 5 and 20 °C, while at 10 °C *NA* did not differ between the two water tables (soil temperature \times water table ($p = 0.031$)). The height of the water table did not have an effect on *NA* in *C. canadensis* ($p = 0.11$); however, at 5 °C soil temperature *NA* was reduced by about 60% to $3.0 \mu\text{mol m}^{-2} \text{ s}^{-1}$ from 7.5 and $7.0 \mu\text{mol m}^{-2} \text{ s}^{-1}$ at 10 and 20 °C, respectively. In *A. crispa*, *NA* was $6.4 \mu\text{mol m}^{-2} \text{ s}^{-1}$ at the low water table treatment compared to $4.1 \mu\text{mol m}^{-2} \text{ s}^{-1}$ at the high water table ($p = 0.006$). In contrast to *C. canadensis*, *NA* in *A. crispa* increased from 4.7 to $7.3 \mu\text{mol m}^{-2} \text{ s}^{-1}$ only between 10 and 20 °C ($p = 0.003$) (Fig. 1).

3.3. Growth variables

After seven weeks *C. canadensis* had produced significantly greater leaf area (7073 cm^2) than *S. planifolia* (331 cm^2) and *A. crispa* (208 cm^2) (Fig. 2). All three species attained maximum leaf area at soil temperatures of 20 °C; however, *A. crispa* and *S. planifolia* produced the highest leaf area at the low water table. In contrast, *C. canadensis* produced the greatest leaf area in the high water table treatment ($p = 0.004$). In *A. crispa* an effect of water table was only detectable at a soil temperature of 20 °C where leaf area increased from 92 cm^2 to 208 cm^2 when the water table was low (25 cm) and this resulted in a significant soil temperature \times water table interaction ($p = 0.011$). Soil temperature had a significant effect on leaf area in all three species. Leaf area in

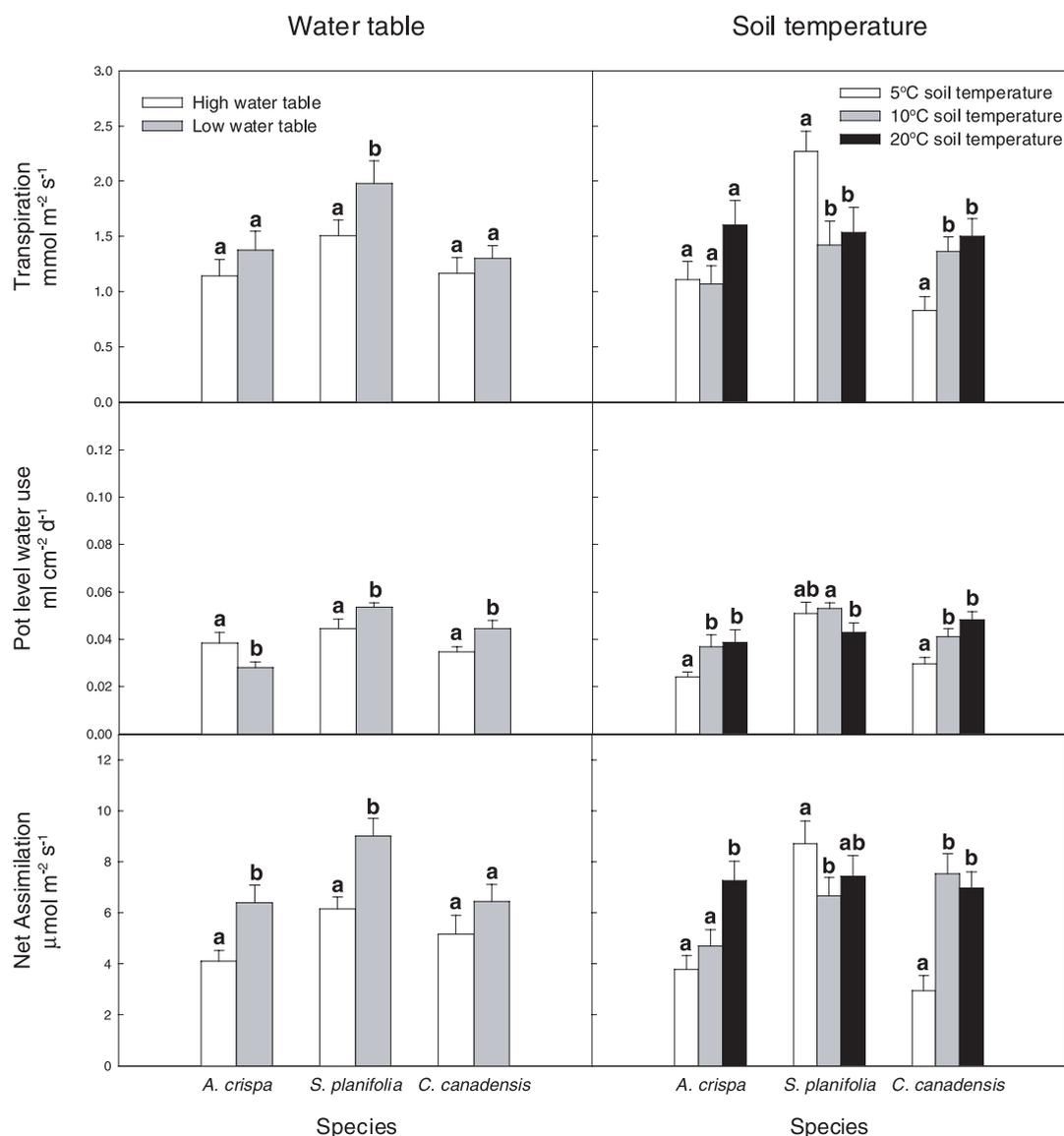


Figure 1. Transpiration, pot level water use, and net assimilation of *Alnus crispa*, *Salix planifolia* and *Calamagrostis canadensis* grown at low water table (imperfectly drained) and high water table (nearly flooded) level and at 5, 10 and 20 °C soil temperatures ($n = 7$). Air temperature was 20 °C. Different letters indicate differences among treatment means within a species.

C. canadensis tripled between 5 and 20 °C ($p < 0.001$) and approximately doubled in *S. planifolia* ($p = 0.004$) and *A. crispa* ($p = 0.002$). While total leaf area in *S. planifolia* was similar at 10 °C and 20 °C, both *C. canadensis* and *A. crispa* had similar leaf area at 5 and 10 °C but produced more leaf area at 20 °C (Fig. 2).

Leaf weight ratio (LWR leaf weight over total plant weight) were generally the highest in *A. crispa* and *C. canadensis* with 0.51 g g⁻¹ while LWR was lower in *S. planifolia* with 0.4 g g⁻¹. In *C. canadensis*, LWR was lower at the low water table compared with the high water table; however at a soil temperature of 10 °C this reduction was not significant and this resulted in a soil temperature × water table interaction ($p < 0.001$). While

LWR in *A. crispa* was not affected by either treatment, LWR in *S. planifolia* was with 0.37 g g⁻¹ lower at 5 °C compared with 0.44 g g⁻¹ at 10 and 20 °C ($p = 0.006$) (Fig. 2).

Total aboveground dry mass in *C. canadensis* was much higher than in the other two species during the eight-week growth period. Aboveground dry mass per plant was 21, 2.0 and 1.2 g for *C. canadensis*, *S. planifolia*, and *A. crispa*, respectively. Aboveground dry mass increased with increasing soil temperature in all three species. Aboveground dry mass of *S. planifolia* was not affected by water table at all three soil temperatures while in the other two species a water table effect was detectable at 20 °C. While *A. crispa* seedlings had higher dry mass at the low water table compared with the high

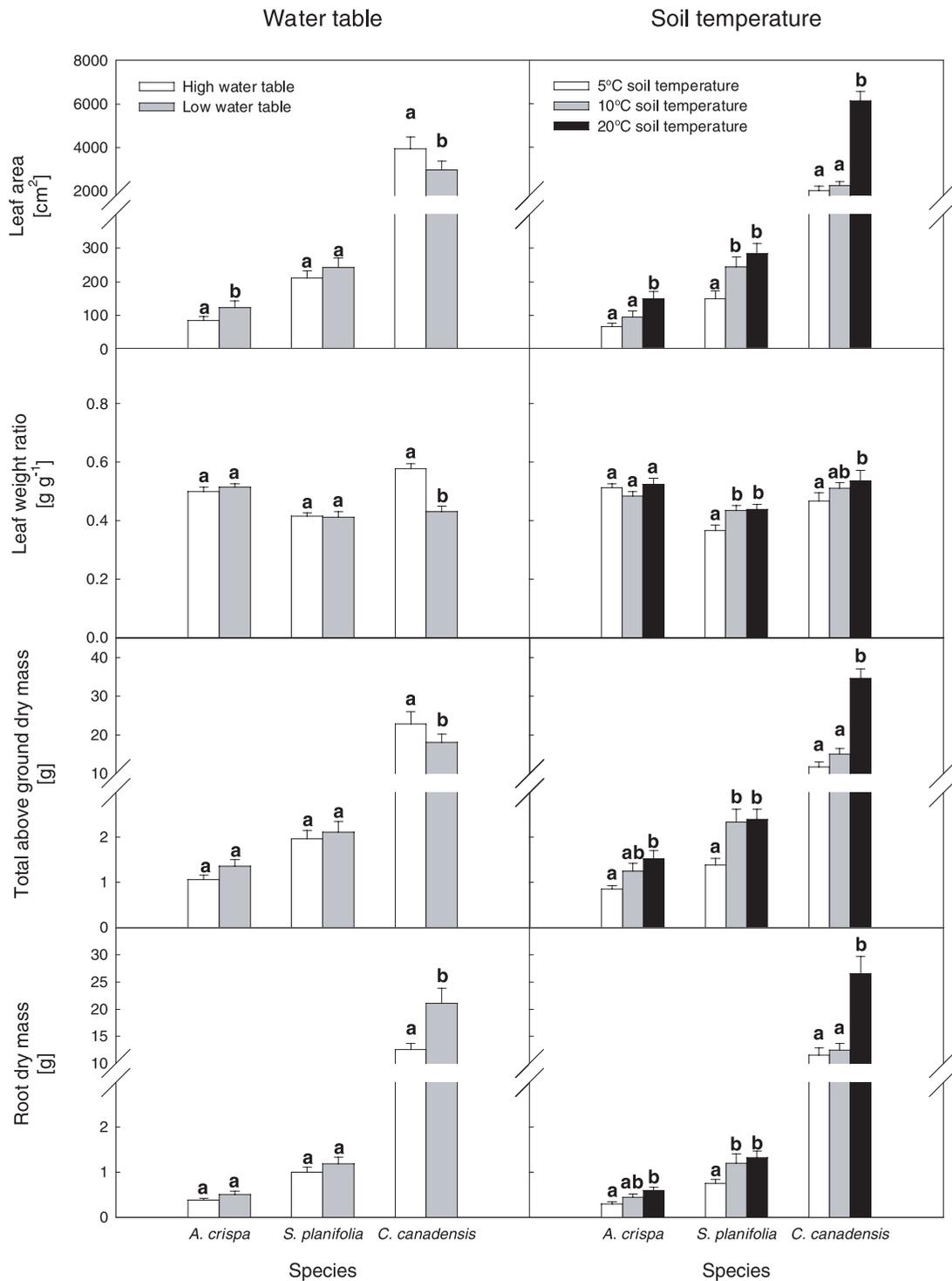


Figure 2. Leaf area, leaf weight ratio and above and below ground biomass of *Alnus crispa*, *Salix planifolia* and *Calamagrostis canadensis* grown at low water table height (imperfectly drained) and high water table (nearly flooded) and at 5, 10 and 20 °C soil temperatures ($n = 7$). Air temperature was 20 °C. Different letters indicate differences among treatment means within a species.

water table, *C. canadensis* showed the opposite response. This resulted in significant soil temperature \times water table interactions for both *A. crispa* ($p = 0.028$) and *C. canadensis* ($p = 0.026$) (Fig. 2). Similarly, root dry mass in *C. canadensis*

was much higher than in the other species after the eight-week growth period. Root dry mass was 0.44, 1.1, and 16.8 g for *A. crispa*, *S. planifolia* and *C. canadensis*, respectively. Generally, all three species had significantly larger root mass at the

warmer soil temperatures. Only *C. canadensis* showed a response of root mass to water table height ($p < 0.001$). Root mass almost doubled from 12.6 g at the high water table to 21.1 g at the low water table (Fig. 2).

4. DISCUSSION

In terms of a hydrological nurse species, the data from this study, and the literature describing the aggressive colonization of newly disturbed areas by *C. canadensis* [1, 8, 11] suggests that this grass with its rapid development of leaf area and relative high transpiration rates in nearly flooded conditions, could be effective in lowering the water table on very wet sites. However, since the rates of water use and growth in *C. canadensis* were much lower at the cold soil temperature compared with the warm soil temperatures, the importance of the grass in the reduction of the water table is likely to decline as soil temperatures of the site decrease, due to the accumulation of its own insulating litter [20, 32].

In this study, soil temperature was found to be an overriding factor in the physiology (including water use) and growth of all three species, while the effect of water table position was relatively weak. This weak response to water table might be the result of both water tables producing poorly drained soil conditions. This is corroborated by the O₂ diffusion rates in the soil. While the imperfectly drained treatment had 14.2×10^{-8} g O₂ cm⁻² min⁻¹ about 4.5 times higher diffusion than the near flooding treatment, the rates of O₂ diffusion were still relatively low compared to published values of up to 25×10^{-8} g O₂ cm⁻² min⁻¹ for an organic soil under more drained conditions [38, 39]. The species tested in this experiment were all relatively well adapted to the poorly drained conditions as all three of these species are often naturally found in subhygric to hygric sites. The lower oxygen diffusion rates measured in *C. canadensis* likely relates to the large belowground biomass of roots and rhizomes relative to the more slowly growing shrubs. This actively growing biomass would have high O₂ demands and in addition would occupy much of the soil pore space and thereby limiting O₂ diffusion.

The two shrub species (*S. planifolia* and *A. crispa*) showed much slower rates of growth and leaf area development in the first year. Given that they are woody perennials; however, we expect extensive leaf area development after five or more years. At this age it is not completely clear which shrub species would be the better hydrological nurse species. *Alnus crispa* had greater use of water on a whole pot basis in the high water table treatment, while it was the reverse for *S. planifolia*; however, *S. planifolia* was able to maintain its transpiration and photosynthesis rates at the cold soil temperatures compared with *A. crispa*. As soil temperatures of 10 °C or less are likely on these sites, especially under a thick thatch of *C. canadensis* litter, *S. planifolia* is likely to have the greatest effect on high post-harvesting water tables. Given that the shrubs are taller than the grass, their shading is likely to suppress the growth of the grass [43] at this stage of stand development. This and the lower water tables will likely make the site more suitable for the establishment and growth of small spruce seedlings [16].

The mechanisms for increased tolerance to high water table in *C. canadensis* is likely related to the development of aerenchyma tissues in the rhizome and roots which has been observed in many flooding adapted species [28, 50]. This allows for the aeration of the roots of this species. The results of this study indicate that *S. planifolia* was physiologically adapted to respond favourably to a slightly lower water table. A similar response has been observed in *Salix viminalis* L. which showed a marked tolerance to flooded soil conditions and responded with vigorous root development to improved soil O₂ [23]. In addition to the flooding tolerance, it is apparent that *S. planifolia* must have some unexplained mechanism which allows for high uptake of water by its roots at cold soil conditions. This is in contrast to species of *Populus* that have severely reduced water uptake at low soil temperatures [29, 31].

Low transpiration rates have been found in plants grown at cold soil temperatures [7, 25, 33, 57, 59] which suggests that roots are slow to take up water when cold. While high viscosity of water and reduced permeability of roots are known to slow root water uptake at cold soil temperatures (e.g. [16, 18, 25]), Landhäusser et al. [33] speculate that other factors such as cell metabolism and membrane properties may also be affected. For *P. tremuloides*, Wan et al. [58] demonstrated that water channel proteins are important for water uptake.

Our study suggests that early colonization by *C. canadensis* followed by replacement with shrubs, especially *S. planifolia* may be a useful means of lowering water table on subhygric to hygric sites. A delay in planting *P. glauca* until the shrubs are well established might be considered as a low cost means of reforesting these sites. These nurse species, however, might also be considered as part of the current silvicultural practices for these wet northern sites, where mounding or plowing is used to produce elevated planting spots [2, 30, 49]. The mineral soil cap of mounds or berms, because of its high soil density and decreased moisture content, acts as an impediment for growth of *C. canadensis* rhizomes [30, 34, 47]. If a broad-spectrum herbicide were also applied to kill the grass and the developing shrubs there would be a significant decrease in site evapotranspiration and the water table would remain high. On particularly wet sites, this might confine the roots of the *P. glauca* to the elevated spots leading to reduced tree growth. If roots are confined to the mounds it is likely to promote instability of trees [51, 52] as they grow in height. Thus, leaving grass or tall shrubs between the planting positions will likely improve the conditions for the roots as they explore soil layers beyond the mound. On subhygric to hygric sites, the benefits of reduced water table level when these associated species are present must be weighed against the competition effect of the grass and shrubs on the survival and growth of the planted *P. glauca*. This is a classic example of a trade-off that must be considered when using nurse species [10].

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